

Low Sodium Bush's Best® Black Beans

Black beans are the key ingredient in many Cuban, Mexican and Puerto Rican dishes. Cooked and seasoned to just the right texture and rich dark color, black beans have a mild, sweet taste and can even stand alone as an excellent side dish. Our low sodium black beans contain only 140 milligrams of sodium per serving.

Product Specifications

NET WT	CASE WT	SERVINGS/ CONT.	SERVING SIZE	PALLET CONFIG.	CASE PK.	RECOMMENDED STORAGE CONDITIONS	SHELF LIFE
108 oz.	36.6	24	130 grams (4.6 oz.)	56cs/pallet	6/108 oz.	55 - 85°F Dry, ambient air	2 Years

Nutrition Facts

Serving Size 1/2 cup (130g)

Amount Per Serving

Calories **110** Calories from Fat **5**

	% Daily Value
Total Fat: 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 130mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 5g	18%
Total Sugars Less Than 1g	
Protein 7g	

Vitamin A 0% • Vitamin C 0%

Calcium 6% • Iron 10%

*Percent of Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300mg	375mg
Dietary Fiber		25mg	30mg

Calories per gram:
Fat 9 Total Carbohydrate 4 Protein 4

Ingredients

Prepared black beans, water, salt, and calcium chloride (firming agent).

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